



HARMAN

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Harman Turkish Restaurant



www.harmanturkishrestaurant.com



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SOUPS

Please ask a member of staff for soup of the day

Lentil Soup {v} Mercimek çorbası	4.80
Chicken Soup Tavuk çorbası	4.80
Lamb Soup Sade paça çorbası	4.80

DAILY HOMEMADE STEWS £8.50

Please ask a member of staff for todays daily special.

COLD STARTERS

Cacik {v}	3.50
Strained fresh yoghurt mixed with garlic, cucumber & dry mint	
Hummus {v}	3.50
A chickpeas puree with tahini, garlic, lemon and olive oil	
Tarama	3.50
Specially prepared cod roe dip	
Sarma {v}	3.50
Stuffed vine leaves with rice, tomatoes, onions, parsley & herbs	
Saksuka {v}	3.50
Sauteed aubergine tossed in tomato, peppers, onions, potatoes and garlic	
Feta Cheese and Olives {v}	3.50
Spinach Tarator {v}	3.50
Fresh spinach with creamy yoghurt, tahini & a hint of garlic	
Kisir {v} {n}	3.50
Steamed wheat, parsley, onions, peppers, walnuts, lemon juice, tomato sauce & olive oil	

MIXED COLD MEZE £9.00

Choice of 4 from above

VEGETARIAN

Moussaka {v}	10.00
Aubergine, potato, green peppers, carrots, courgettes & garlic with béchamel sauce served with rice	
Falafel {v}	10.00
Fresh homemade falafel served with hummus & rice	
Imam Bayildi {v}	10.00
Aubergine stuffed with mixed vegetables & homemade vegetable sauce served with rice	
Vegetarian Kebab {v}	11.00
Mixed vegetables grilled over charcoal with chefs special sauce served with rice	
Halloumi {v}	10.00
Grilled cyprus cheese with olives & salad served with chips	

HOT STARTERS

Falafel {v}	4.00
Homemade falafel made from ground chickpeas, crusted vegetables and broad beans served with hummus	
Lahmacun	2.50
Very thin Turkish pizza topped with seasoned minced lamb and onions with herbs and spices	
Halloumi {v}	4.50
Grilled Cyprus traditional cheese	
Cheese Roll (Sigara Boregi) {v}	4.00
Deep fried filo pastry filled with feta cheese and parsley served with sweet chilli sauce	
Albanian Liver	4.50
Albanian style lambs liver, pan fried with herbs served with onions and parsley	
Calamari	4.50
Fried large squid rings served with tartar sauce	
Pan Prawns	4.50
Pan fried prawns with a touch of garlic, peppers and tomato sauce	
Hummus Kavrma {n}	4.50
Small chunks of lamb, pan fried with pine nuts served with hummus	
Sucuk (Turkish Sausage)	4.00
Grilled traditional Turkish spicy beef sausage	
Garlic Mushroom {v}	4.00
Mushrooms cooked with double cream, garlic and topped with cheddar cheese	

MIXED HOT MEZE £10.00

Falafel, grilled halloumi, cheese roll, sucuk

SALADS

Freshly chopped

Ezme Salad {v}	4.00
Finely chopped tomato, onion, parsley, peppers, herbs & spices	
Coban Salad {v}	4.00
Tomato, cucumber, parsley and onions	
Greek Salad {v}	5.50
Tomato, cucumber, parsley, onions with feta cheese & olives	
Rocket Salad {v}	4.00
Rocket leaves, onions, tomato and olive oil	
Grilled Onion Salad {v}	4.00
Onions, peppers, parsley with chefs spices	

{v} vegetarian

{n} contains nuts

If you have any food allergies & intolerance, please inform our members of the staff



MAIN COURSES

Served with salad, bread to share and rice or bulgur

Lamb Doner	9.50
Succulent homemade pieces of lamb, layered on a large skewer, slow cooked over spit	
Chicken Doner	8.50
Succulent homemade pieces of chicken, layered on a large skewer, slow cooked over spit	
Mix Doner	9.50
Succulent homemade pieces of lamb & chicken cooked over spit	
Lamb Shish	12.00
Lean and tender cubes of lamb skewered & grilled over charcoal	
Chicken Shish	10.50
Lean chunks of chicken breast skewered & grilled over charcoal	
Mix Shish	12.00
Mixture of lamb and chicken skewered & grilled over charcoal	
Adana Kofte	10.00
Minced lamb with herbs & spices grilled over charcoal	
Chicken Beyti	10.00
Marinated mince chicken, seasoned with garlic, herbs and spices	
Lamb Beyti	10.50
Marinated mince lamb, seasoned with garlic, herbs and spices	
Lamb Ribs	13.50
Succulent lamb ribs with a touch of herb grilled over charcoal	
Lamb Chops	14.50
Tender lamb chops with a touch of seasoning grilled over charcoal	
Chicken Wings	9.00
Marinated chicken wings grilled over charcoal	
Lamb Liver	9.00
Cubes of lamb liver skewered & grilled over charcoal	

MIXED KEBAB £19.00

Adana kofte, lamb shish, chicken shish, lamb doner & chicken doner served with salad, bread & rice or bulgur

HOUSE SPECIALS

Lamb Tava	13.50
Specially marinated lamb meat with onions, garlic mushrooms, & peppers with homemade sauce served with rice or bulgur	
Chicken Tava	12.50
Specially marinated chicken with onions, garlic mushrooms, & peppers with homemade sauce served with rice or bulgur	
Prawns	13.00
Pan cooked king prawns with peppers, onions, garlic mushrooms with chefs special sauce served with rice or bulgur	
Iskender Kebab	13.00
Lean tender slices of lamb doner on a bed of diced bread, topped with special tomato sauce & yoghurt then drizzled with butter	
Chicken Iskender	12.50
Lean tender sliced of chicken doner on a bed of diced bread, topped with special tomato sauce and yoghurt then drizzled with butter	
Lamb Wrapped Beyti (Sarma Kuzu Beyti)	13.50
Marinated minced lamb with garlic grilled over charcoal, wrapped in thin tortilla bread, diced with special sauce & drizzled with butter served with yoghurt	
Chicken Wrapped Beyti (Sarma Tavuk Beyti)	13.50
Marinated minced chicken with garlic grilled over charcoal, wrapped in thin tortilla bread, diced with special sauce and drizzled with butter served with yoghurt	
Shish Kebab With Yoghurt	13.50
Choice of chicken, lamb or adana kofte kebab on a bed of diced bread topped with special sauce and yoghurt then drizzled with butter	
Halep Kebab	13.50
Spicy lamb kofte grilled over charcoal & served on a bed of diced bread, topped with halep sauce then drizzled with butter	
Penne pollo	12.00
pan fried chicken with mushrooms and garlic, cooked with double cream served with pasta	

SIDES

Steak Chips	2.50
Rice {v}	2.00
Bulgur {v}	2.00

{v} vegetarian

{n} contains nuts

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SEA FOOD

All served with salad and steak chips

Sea Bass	12.50
Whole sea bass with garlic, slow cooked over charcoal grill	
Salmon Steak	12.50
Salmon steak, slow cooked over charcoal grill	
Grilled Prawns	12.50
Marinated king prawns cooked over charcoal grill	

PIDES

Served with salad

Here is a traditional dish to fill you up.

Its an absolute classic staple in Turkey.

This doughy concoction is about the closest you can get to a home grown Turkish equivalent of pizza.

Lahmacun	3.00
Traditional thin Turkish pizza with seasoned mince lamb & onion. (minimum 2 served with salad)	
Mince Meat Pide	9.00
Seasoned mince lamb with onions, mixed peppers & tomatoes	
Lamb Pide	9.00
Marinated small lamb cubes with onions, mixed peppers & tomatoes	
Turkish Sausage Pide	8.50
Traditional Turkish sausage with cheese, mixed peppers and tomatoes	
Chicken Pide	8.50
Marinated, diced chicken with onions, mixed peppers and tomatoes	
Spinach and Feta Cheese Pide [v]	8.50
Fresh spinach with mushrooms, peppers, onions & tomatoes topped with feta cheese	

EXTRA TOPPINGS

Cheese	1.00
Egg	1.00
Halloumi	1.20
Turkish Sausage	1.20

KIDS MEALS

Chicken Burger with Chips	4.00
Chicken Nuggets with Chips	4.00

HARMAN's CHICKEN £25

for 2 people

1 Chicken Shish, 6 Chicken Wings,
1 Chicken Beyti, Chicken Doner

hummus, cacik, onion salad, house salad &
bread to share served with rice & bulgur

Strictly no changes to the sharing platters.

MIX PLATTER 2 £32

for 2 - 3 people

4 Chicken Wings, 4 Ribs,
1 Chicken Shish, 1 Adana Kofte,
1 Chicken Beyti,

Mixed Doner (Complimentary)

hummus, cacik, onion salad, house salad &
bread to share served with rice & bulgur

Strictly no changes to the sharing platters.

MIX PLATTER 3 £43

for 3 - 4 people

1 Lamb Shish, 1 Chicken Shish,
6 Chicken Wings, 6 Ribs,
2 Lamb Chops, 1 Adana Kofte,

1 Chicken Beyti, Mixed Doner (Complimentary)

hummus, cacik, onion salad, house salad &
bread to share served with rice & bulgur

Strictly no changes to the sharing platters.

FULL PLATTER £64

for 5 - 6 people

1 Lamb Shish, 1 Chicken Shish,
8pcs Chicken Wings,
8pcs Lamb Ribs, 4 Lamb Chops,
2 Adana Kofte, 2 Chicken Beyti,

Mixed Doner (Complimentary)

hummus, cacik, onion salad, spinach tarator, kisir, saksuka,
house salad & bread to share served with rice & bulgur

Strictly no changes to the sharing platters.

[v] vegetarian

[n] contains nuts

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